

Wellness Coordinator

Do you love having fun & being active? 3801 Grand Retirement Campus is seeking an energetic Activity/Wellness Coordinator to lead and develop stimulating programming to meet the needs of our Independent Living, Assisted Living, and Memory Care residents.

The position includes:

- Leading a variety of exercise classes for different ability levels.
- Developing/leading interactive activities, such as bean bag baseball, art classes, educational/discussion groups, group outings, and a variety of traditional activities tailored for all levels of ability.
- Flexibility to modify programs depending on the changing needs of residents is needed.
- Working closely with the Activities Coordinator.
- Develop & generate monthly activity calendars for Independent Living, Assisted Living, and Memory Care Programs that reflect & meet the needs of residents.
- Background in exercise & activity experience with the senior population preferred but not required.
- Must be able to demonstrate any appropriate exercise & activities to residents.
- Occasionally, conduct survey of residents to determine activities that interest them.
- Meet with new residents to get to know their interests.
- Special projects assigned by Executive Director.

Physical Demands:

- Must be mobile & able to perform the physical requirements of the job, including but not limited to: Bending, kneeling, stooping, pushing, pulling, & repetitive motion.
- Ability to sit & work on a computer for periods of time.
- Ability to move throughout the campus.
- Ability to lift/carry up to 30 lbs. or push up to 20 lbs.

Other:

- Applicant must pass a background check & drug screen.
- Reliability, maintaining regular attendance, and quality are key to success in this position.
- Excellent verbal communication skills a must.
- Ability to manage multiple tasks at one time.
- Must have the ability to relate professionally & positively and work cooperatively with residents, families, and other employees at all levels.

If you are an individual who enjoys the senior population and working in a positive, team-oriented professional environment, we want to talk to you!